

HATTIESBURG TRACK CLUB
NEWSLETTER

No. 24

President -Paula Porter
Executive Secretary -John Pendergrass
Club Run Director -Steve Herring
Secretary -Greg Kelley
Treasurer -Jerry H. Smith

Club Historian -Julian Graham
Publicity -Clay Keys
Co-Editors -Tony Gilbert
-Harry McCraw
Typist -Barbara Ross

HTC IMPORTANT DATES

August 8 - 4000 Meter Run, YMCA, 8:00 a.m.
August 15 - Run-Swin-Biathlon, YMCA, 8:00 a.m.
September 4- 5000 Meter Practice Run, Maldoff's, 6:00 p.m.
September 7- Waldoff's Labor Day 5000 Meter Run, 9:00 a.m.
November 14- Golden Eagle 24 Kilometer, 9:00 a.m.

REQUEST

Runner would like running partner around 6:00 a.m. over Finish Line Sports 5 mile course most mornings. Call FLS, 582-5611.

ANNUAL CLUB MEETING ON SEPTEMBER 7 - Plans are afoot for the annual general meeting of the HTC to be held the day of the Labor Day race. This will probably involve a picnic or party of some kind. We will also need to elect officers for the coming year. A flyer will be sent out giving details. Mark your calendar now; this should be a memorable day for the HTC!

The Case Against Running



"I told you
it was too hot
for a ten
thousand meter..."

RESULTSApril 20 - Boston Marathon

Sam Turnbull	2:47:57
Stephen Herring	2:49:14
David Cundiff	2:59:09
Carl Touchstone	3:25

April 11- Southern Cup 10K, Meridian

Bobby Boyd	39:22
Joe Reid	47:33

May 2 - Memphis in May - 10 K

Barbara Ross 43:11

May 2 - Late Great Whale Race, Jackson

15	Sam Turnbull	17:09 (1st 45-49)
10B	Joe Reid	22:36 (1st 60 and over)

May 2 - Two Mile FIRST MISSISSIPPI NATIONAL BANK Run

1.	John Pendergrass	10:03	54.	Sam Corum	13:43
2.	Drew Carter	10:07	55.	Jim Hurdock	13:47
3.	Stephen Herring	10:24	56.	Nerv Sharp	13:53
4.	Leon Turbert	10:25	57.	Jay Jackson	13:56
5.	John Keys	10:43	58.	Jimmy Wackins	13:56
6.	Dan Bowman	10:56	59.	Nick Crutcher	13:56
7.	Sam Hilbun	11:01	60.	Frank Glanser	13:57
8.	Dave Cundiff	11:01	61.	Sandra Reyer	13:59
9.	Pat Goriety	11:20	62.	Gray Napier	14:00
10.	Mark Jackson	11:25	63.	Amy Napier	14:03
11.	Charlie McCormick	11:26	64.	Mary Flynn	14:06
12.	Greg Parish	11:28	65.	Ruthie Kinnell	14:08
13.	Steve O'Connell	11:30	66.	Glen White	14:08
14.	Jerry H. Smith	11:30	67.	Thad Anacker	14:10
15.	Joe Watts	11:32	68.	Randy Freeman	14:23
16.	Thomas Vicks	11:33	69.	Carolyn Hood	14:23
17.	Howard Lott	11:41	70.	Kim Tatum	14:27
18.	Barsh	11:48	71.	Gary Boyette	14:27
19.	Charles Evans	11:55	72.	Kevin Farrell	14:28
20.	Bobby McDuffie	11:57	73.	Gary Walls	14:38
21.	Regiel Napier	11:58	74.	Len Hilbun	14:45
22.	Dan Rogers	11:59	75.	Lin Beardshall	14:47
23.	Paul Ginn	12:05	76.	Ann Beardshall	14:54
24.	Phillip Flynt	12:10	77.	Pat Connor	14:57
25.	Paula Porter	12:12	78.	James Hammett	15:14
26.	Sonny Jarrell	12:16	79.	Jules Eustice	15:14
27.	Bill Montgomery	12:17	80.	Jessie Smith	15:16
28.	James Stone	12:25	81.	Celestia Moffett	15:17
29.	John Hammack	12:28	82.	Carter McInnis	15:25
30.	Ken Clover	12:29	83.	John Wicker	15:26
31.	Jeff Nicholas	12:33	84.	Pan Napier	15:33
32.	Phil Hervey	12:37	85.	Shane Smith	15:33
33.	Barry Pipkin	12:42	86.	Reid Edmiston	15:37
34.	Gary Dykes	12:43	87.	Kyle Smith	15:43
35.	James McEwen	12:46	88.	Steve McCallum	15:44
36.	Kathy Bressler	12:47	89.	Joseph Henderson	15:46
37.	Mac McClesky	12:55	90.	Phyllis Thomas	15:49
38.	Reginald J. McNeely	13:01	91.	John Hakeland	15:52
39.	John Conn	13:01	92.	Joseph Ruder	15:59
40.	Sal Wambegans	13:03	93.	Billy Ray Keys	16:00
41.	Phillip Nicholson	13:03	94.	John Chamberlain	16:00
42.	Clay Jones	13:11	95.	Rebecca Beyer	16:00
43.	Ed Burnett	13:13	96.	Katherine Payne	16:03
44.	Randy Brewton	13:17	97.	James Dadeaux	16:07
45.	Willie Smith	13:20	98.	Wilbur Bullock	16:29
46.	Joe Dunnaway	13:21	99.	James Renfroe	16:42
47.	Michael Junkins	13:22	100.	Mark Moore	16:50
48.	Rex Enderlin	13:23	101.	Jeff Walls	16:53
49.	Austen Clement	13:25	102.	Amy Harrison	16:57
50.	Tommy Thornton	13:30	103.	Joe Cranfield	16:59
51.	Paul Bratcher	13:35	104.	Jim Furr	17:03
52.	Butch Sims	13:35	105.	Kelly Lupo	17:03
53.	Terry Lambert	13:43	106.	Ed Furgelsack	17:05

FMSB 2-Mile Run Results, continued

107.	Larry Hopson	17:07	135.	Kelly Riley	19:43
108.	Ann Marsh	17:07	136.	Kristen Jones	19:45
109.	Gian Brooks	17:08	137.	Susan Cowan	19:45
110.	Kellie Caston	17:08	138.	Jean Conn	19:58
111.	Shane Miller	17:15	139.	Feggy Weathers	19:58
112.	Don Miller	17:15	140.	Matt Barnes	20:00
113.	Sharry Lott	17:17	141.	Becky Barner	20:15
114.	Sandra Dudley	17:20	142.	Miriam Northwick	20:18
115.	Lance Kirby	17:22	143.	Imelda Cuellar	20:18
116.	Jacque Jarrell	17:22	144.	Bill Coleman	20:32
117.	Susie Hughes	17:28	145.	Elaine Jarrell	20:34
118.	Terry Jones	17:41	146.	Daniel Reyer	20:54
119.	Robert Schwartz	17:54	147.	David Sittom	20:54
120.	Caroline Eustice	17:56	148.	Tara Jones	22:18
121.	Michael Adelman	17:58	149.	Alex Touchstone	22:18
122.	Reuben Cuellar	18:00	150.	Pat Touchstone	22:18
123.	Jo Hailley	18:15	151.	Carl Touchstone	22:33
124.	Feggy Cantrell	18:15	152.	Amy Adelman	22:33
125.	Mike McPhail	18:22	153.	Stephen Hatten	23:35
126.	Joe Dabbs	18:41	154.	Betty Bly Hatten	23:35
127.	Lesh Cranfield	18:55	155.	Lillian Rniqe	24:11
128.	Dave Brandon	19:17	156.	Kenny Byers	24:20
129.	Beverly Allun	19:20	157.	Vivian Scraggs	24:30
130.	Brenda Jones	19:22	158.	Shirley Morris	24:30
131.	Elizabeth Rayer	19:27	159.	Martha Broone	24:30
132.	Ronnie Duff	19:30			
133.	Rebecca Revoix	19:31			
134.	Babe Caston	19:43			
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May 3 - Clarksdale 5 Miler

2 Sam Turnbull 28:39 (2nd overall)

May 9 - Day in the Park 5 Mile Run, Laurel

4	Tony Gilbert	27:56	(3rd 25-29)
5	John Pendergrass	28:04	(1st 35-39)
6	Stephen Herring	28:25	
9	David Cundiff	29:15	(1st 40-44)
21	Patrick Gariety	30:21	(2nd 20-24)
24	Dan Bowman	31:09.7	
30	Sam Hilbun	31:33.7	
35	Howard Lott	32:00.4	(3rd 30-34)
40	Sonny Jarrell	32:29	
40	Joey Jarrell	33:37	
47	James Stone	34:04	(3rd 40-44)
61	Bobbie McDuffie	34:31	
79	Joe Dumway	36:05	
81	James McCleskey	36:24.6	
84	Austin Clement	36:27	
92	Joe Reid	36:55	(1st 60 and over)
99	Terri Woolbright	37:49	(1st 35-39)
101	Butch Sims	37:59	
167	Bradley Touchstone	47:32	

May 9- Gum Tree 10K, Tupelo

Charles McCormick	38:38
Elser Beardshall	39:27
Bill Montgomery	43:33
Sam Turnbull	35:40 (2nd 45-49)
Joyce McIntosh	41:04 (4th overall)
Paula Gaddis Porter	42:04 (3rd 25-29)
Lin Beardshall	47:42 (2nd 14-19)
Ann Beardshall	48:39 (1st 40-44)

May 16- McRaes Run for the Kids 5 Miler, Jackson

22	Sam Turnbull	28:51 (1st 45-49)
82	Sam Cox	32:35
162	Joe Reid	35:38.4 (1st 60 and over)
165	Nick Crutcher	35:43

May 23 - Mississippi Law Enforcement Officer Training Academy, 5000 Meters, Jackson

10	Sam Turnbull	19:15
26	Wayne Jimenez	20:50
51	James Stone	22:36.3
161	William Winter	30:09

May 28- HTC One Hour Run

MEN'S DIVISION

- (1) Stephen Herring.....10 miles, 605 yards
- (2) Elmer Beardshall.....9 miles, 450 yards
- (3) Paul Cranford.....9 miles, 200 yards
- (4) Kyle Thornhill.....8 miles, 668 yards
- (5) Giovanni E. Alvarez.....8 miles, 340 yards
- (6) Michael Junkins.....8 miles, 241 yards
- tie(7) Gary Cooper
Jim Puckett.....8 miles, 190 yards
- (9) Bert Carson.....8 miles, 80 yards
- (10) Ken Glover.....8 miles, 75 yards
- (11) Steve Phillips.....8 miles
- (12) George McNinch.....7 miles, 1562 yards
- (13) Sam Hilbun.....7 miles, 1450 yards
- (14) Sonny Jarrell.....7 miles, 1320 yards
- (15) Joe Dunaway.....7 miles, 1130 yards
- (16) Clay Keys.....7 miles, 1003 yards
- (17) Harry McCraw.....7 miles, 585 yards
- (18) Tony Gilbert.....7 miles
- (19) Mitch Cochran.....6 miles, 1320 yards
- (20) Joe Reid.....6 miles, 905 yards
- (21) John Pendergrass.....6 miles, 880 yards
- (22) Sid Siders.....6 miles, 453 yards
- (23) Winn Hilbun.....5 miles, 1577 yards
- (24) Jim Whorton.....5 miles, 50 yards
- (25) Jim Whorton, Jr.....2 miles, 440 yards

WOMEN'S DIVISION

- (1) Lin Beardshall.....8 miles
- (2) Ann Beardshall.....7 miles, 905 yards
- (3) Joanne Coughlin.....6 miles, 625 yards
- (4) Nancy Cleaman.....6 miles
- (5) Lisa Lott.....5 miles, 1455 yards
- (6) Shirley Morris.....5 miles
- (7) Lynn Hartwick.....4 miles

May 30 - Biathlon - 5K Run, 20K Bike, Byram

5	Dan Rogers	53:31.5 (5th overall)
8	Stephen Herring	53:58 (3rd 20-29)

June 14- HTC 7 Mile Run

Gary Moore	39:36	
Tony Gilbert	45:23	Tie
Stephen Herring	45:23	
Elmer Beardshall	47:09	
Bruce Dinoff	48:48	
Michael Jenkins	52:22	
Sam Cox	52:58	
Harry McCrow	59:57	
Ann Beardshall	1:00:02	Tie
Terri Woolbright	1:00:02	
Jim Puckett	1:00:06	
Steve McCallum	1:00:25	
Joann Coughlin	1:03:38	
Lin Beardshall	1:05:05	
Gary Walls	1:11:34	

June 18- Pep's Point 3 Mile Fun Run

1. Steve Herring	16:32	15. Greg Kelley	22:10
2. Gary Lott	17:31	16. Dan Sundeen	22:17
3. Tony Gilbert	17:44	17. Thad Amacker	22:21
4. John Pendergrass	17:49	18. Michael Jenkins	22:49
5. Bruce D.	18:14	19. Ruthie Kimmel	22:55 F
6. Elmer Beardshall	18:32	20. Paula Porter	23:21 F
7. Wayne Jimenez	18:32	21. Ron Porter	23:21
8. Bill Thuber	19:25	22. James Stone	23:25
9. Jim Puckett	19:52	23. Terri Woolbright	23:28 F
10. Sonny Jarrell	20:16	24. Jo Ann Coughlin	23:54 F
11. Neil Smith	21:09	25. Byron Myrick	26:05
12. Dan Ball	21:17	26. Ellen D.	29:59 F
13. Joe Dunaway	21:24	27. Ann Bearshall	30:02 F
14. Glen Mallette	21:28	28. Laura Stone	F

MARYSBURG TRACK CLUB
MIDNIGHT RUN
3-mile run

(1)	Stephen Herring.....	16:55
tie(2)	Tony Gilbert Gary Herring.....	17:07
(4)	Charlie McCormick.....	19:24
(5)	James Stone.....	20:50
(6)	Dan Eowman.....	20:56
(7)	Dan Sundon.....	22:15
(8)	Michael Junkin.....	22:17
tie(9)	Paula Porter Jim Puckett.....	22:18
(11)	Kayle Keys.....	35:02
(12)	Patra Keys Billy Ray Keys.....	35:37

July 4 - Freedom Day Run

1.	Gary Moore	25:27	50.	Kyle Reid	35:37
2.	Bobby Abruscato	26:03	51.	Milton Antoine	35:50
3.	Robert Staples	26:44	52.	Dan Farber	35:52
4.	Drew Carter	27:06	53.	Wayne Ward	36:03
5.	Mitchell Williams	28:22	54.	Daniel Ball	36:26
6.	Myck Neely	28:29	55.	Jim Murdock	36:29
7.	John Pondergrass	28:45	56.	Lin Beardshall	36:30
8.	David Cundiff	29:40	57.	Jerri Bennett	36:42
9.	Phillip Baroni	29:53	58.	Mike Junkins	36:51
10.	Steve Philips	30:00	59.	Joe Dunaway	36:53
11.	Bill Thurber	30:43	60.	Randy Mauldin	36:56
12.	Paul Cranford	30:40	61.	Nick Crutcher	37:03
13.	Greg Kuhl	30:44	62.	Dan Rogers	37:12
14.	James Wilkens	30:51	63.	James McEwen	37:21
15.	Elmer Beardshall	30:59	64.	Larry Smith	37:29
16.	Kyle Thornhill	31:19	65.	Terri Woolbright	37:36
17.	Bruce Dinoff	31:37	66.	Barbara McCall	37:42
18.	John Marsh	32:29	67.	Steve Hendrick	37:44
19.	Roger Hodge	32:37	68.	James McMillon	38:02
20.	Tony Lott	32:54	69.	Elly Miller	38:07
21.	Alonzo Crosby	32:56	70.	Buddy Westbrook	38:08
22.	Edward Gatno	33:02	71.	Harry McCrow	38:16
23.	Globammy Alvarez	33:07	72.	Danny Long	38:35
24.	Carl Touchstone	33:13	73.	Austin Clement	38:43
25.	Phillip Nicholson	33:20	74.	Charles Hall	38:46
26.	Joe Watts	33:35	75.	Tommy E. Smith	38:59
27.	Jim McAlpin	33:44	76.	Ray Richard	39:09
28.	Quinton Hodge	33:46	77.	Merv Sharp	39:29
29.	Woody Earls	33:47	78.	Ann Beardshall	39:41
30.	No report	33:57	79.	Bill Dobbs	40:27
31.	Sonny Jarrell	34:03	80.	Terry Lambert	40:29
32.	Jim Hollandsworth	34:08	81.	Joanne Coughlin	40:43
33.	Robert Leonard	34:10	82.	Steve Dunlap	41:34
34.	James Myrick	34:15	83.	Bruce Jones	42:38
35.	Paul Ginn	34:17	84.	Janet Pasman	42:41
36.	Sherry Scott	34:21	85.	Lyn Thomas	43:17
37.	James Stone	34:35	86.	Phyllis Thomas	43:17
38.	Jim Maddell	34:44	87.	Donnie Daniel	44:04
39.	Roger Knight	34:51	88.	No Report	45:03
40.	Jim McCord	34:59	89.	Merle Douglas	45:14
41.	Bill Montgomery	35:03	90.	Stephanie Moore	46:04
42.	No Report	35:15	91.	Andy Dixon	46:15
43.	Ruthie Kinnell	35:19	92.	No Report	46:22
44.	Bobby McDuffie	35:20	93.	Ellen Dinoff	47:41
45.	Bert Carson	35:23	94.	Ed Gurgalak	49:03
46.	Jack Morrow	35:28	95.	Wilbur Bullock	50:10
47.	Rod Cutrer	35:30	96.	Anna Peptis	50:43
48.	George Breland	35:34	97.	Lillian Range	(untimed)
49.	Julian Graham	35:36			

Unless you jog, you're nothing at cocktail parties

By ERMA BOMBICK

Look, just because I was in the park in a \$10 pair of running shoes and a sweaty T-shirt, do you really think I sold out?

Can't you take a joke?

Figure it out. You all know how I feel about physical fitness. Would I jeopardize my pillow image by converting to fresh air?

The truth is, I got sick and tired of being on the outside of every conversation. It doesn't matter that only one out of every ten Americans maintains a regular physical fitness program. What is significant is that ten out of every ten Americans pretend they do.

It's a status thing. Do you know what it's like to stand around at a party and not have three purple toenails in the process of falling off? You're nothing!

For the first time I really understand Rosie Ruiz at the Boston Marathon. It only takes a few minutes each day. I go to the park, throw my body against a tree and groan for five minutes. Then I ask the first person I see about his or her split time. Then, I run with the first jogger for a few feet and stop to re-tie my shoe. From then on in, it's a slow dawdle.

I cannot tell you what a difference this has made in my social life. When people discover I run, they tell me how

At Wit's End

healthy I look and how much weight I've lost. They share with me their pain and their secrets. (A perfect stranger confided to me one night that his hemorrhoids were no longer a problem.) There is nothing to see you apart from the rest of the room like speaking metric. ("Anyone run the 10,000-meter race last Sunday?")

And not the least of it has been the actual time I've spent walking around the park. Have you any idea what it does to a woman in her mid-life to hear someone breathing heavily down her back? You can't buy that kind of excitement over the counter.

The charade has been working for weeks now, but yesterday, as I was stretching followed by my "run," a breathless, sweaty woman next to me asked how far I had run that day. I struggled, "Four or five miles. I'm having such a good time, I lose track." "I find it hard to believe you're that kind of a runner."

"What gave me away?" I asked.

"The handbag. Few runners carry 'em when they run."

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HATTIESBURG RUNNERS AGAINST MYSCULAR DYSTROPHY

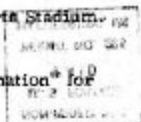
2½ Mile and 5 Mile Run

August 29, 1981

Starting Time-----9:00 A. M. (Register between 8:00 A. M. and 9:00 A. M.)

Location-----Start and finish under east end of M. M. Roberts Stadium.

Registration Fee-----\$3.00 "donation" for 2½ mile run and \$5.00 "donation" for 5 mile run. You may donate more.



Age Groups-----	Men	Women
	9 and under	9 and under
	10 - 14	10 - 14
	15 - 19	15 - 19
	20 - 29	20 - 29
	30 - 39	30 - 39
	40 - 49	40 - 49
	50 and over	50 and over

Course-----Paved loop through USM campus; same course as the 4th of July freedom day run. Aid Stations at 2½ mile and at end.

ATTENTION HATTIESBURG TRACK CLUB MEMBERS

Let's show our support for this good cause and turn out in numbers. Bring your whole family to run, jog or walk. You'll receive more satisfaction from supporting this than winning the Boston Marathon.